

Missing Teeth Leaflet



DENTURES:

What Are Dentures?

Removable partial or full dentures can replace a single missing tooth, several teeth, or all of the teeth in your upper and/or lower jaw.

Dentures rely on support by the other teeth in that jaw (for partial dentures) and from mechanical support by the remaining ridge of gum and underlying bone. Maxillary (upper jaw) full dentures also may be helped by suction between the denture and the underlying gum of your palate (roof of mouth).

The advantage of this is that it is not invasive, no teeth need to be cut down, prepared, or shaped and the denture can be placed and removed whenever the patient wishes. It is a non-invasive removable appliance. The disadvantage is that it must be removed at night-time to allow the gums to breathe and prevent fungal infection. It also tends to cover the palate or the gums and tissues in order to gain support.

Dentures may be provided under the NHS, and would be available under the NHS 'Band 3' charge.

If you have a few or all of your teeth missing, one solution is to have a denture. A denture is made from hard-wearing material that mimics the look of teeth and gums to give you mouth a natural appearance. Your denture will be made to fit snugly on your gums and you will be able to remove it for cleaning. When you are ready to replace missing teeth, you have a number of potential solutions available.

VALPLAST FLEXI DENTURES:

Valplast flexible partial dentures could be the solution for you, to replace one or more teeth. They are made from a flexible plastic material, which fits neatly into your mouth, is virtually invisible and no adhesive is required. Flexible dentures offer a

solution to the pain and discomfort caused by the rubbing of hard acrylic against the soft tissue of your gums.

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COBALT CHROME DENTURES:

Cobalt Chrome dentures (partial dentures) have a metal base plate or framework that sits on and around the natural teeth onto which denture teeth are attached by acrylic. They are far superior to plastic partial dentures because they are thinner and the gums stay healthier because the biting force is shared between the gums and the remaining teeth. In certain designs we are able to offer an open palate, allowing taste and hot and cold detection to be improved.

Maintenance of Partial Dentures

A partial denture can often need more attention than a full denture to maintain the health of your remaining teeth. When you wear a denture for the first time it may get some getting used to when speaking or eating and chewing. It is important that you take extra care in your hygiene regime so that you can avoid bad breath, tooth decay and gum disease. The hygienist will be able to show you how to best take care of your denture and gums and will tell you about specialised brushes you can use to do this.

Partial dentures can trap food, which will cause decay in your natural teeth, both the denture and your teeth should be brushed after every meal. A badly fitting partial denture can severely damage your gums that are supporting your natural teeth leading to bone loss, mobility and finally the loss of the tooth. If you notice soreness, swelling or bleeding of your gums you must seek help as soon as possible.

When inserting or removing your partial denture never try to force it, always place it in a position with your hands. You must never bite it into position, as you may damage your denture, teeth or gums.

Benefits of Dentures

- Makes you feel more confident about yourself and your smile.
- Long lasting, they do require replacing but only every 5 to 10 years.
- No dietary restrictions. You can eat most foods when having dentures.
- If you had speaking issues before dentures, they help to make your speech clearer.

BRIDGES:

What are Bridges?

Bridges are usually made of a precious metal base which gives them a solid structure and makes them hard-wearing. They are securely bonded to your natural teeth and a crown is placed in the gap. A bridge helps to strengthen the teeth and makes chewing and eating easier because they are fixed

Some bridges can also be fixed to your jaw with dental implants, if you have several teeth next to each other that are missing. This is a stronger solution to support multiple missing teeth.

Benefits of Bridges

- Bridges are fixed prosthetic restorations that do not require periodic removal for cleaning.
- You tend to get used to dental bridges in a very short time.
- Dental bridges provide excellent chewing comfort.
- Life span and prognosis are good.

SMILE IN A DAY:

What is smile in a day?

With Smile in a Day, there are no dentures, you will have teeth fitted, in one day! Smile in a Day uses titanium implants which are placed in your jaw. We can then attach a bridge to the implants which is fixed securely in your mouth. The bridge is a temporary installation whilst the implants bond securely to your jaw bone. Once healing is complete a permanent, fixed bridge is fitted.

Benefits of smile in a day

- Reducing the number of dental visits required
- Confidence in your smile, speaking, laughing, smiling without thinking
- Enjoy the food you want and bite with confidence
- The procedure is free from discomfort
- Treatment can start quickly, so why wait to have the smile you have always wanted?

DENTAL IMPLANTS:

What are Dental Implants?

Dental implants are the best way to replace missing teeth. They act as a natural tooth root, allowing a crown to be attached which looks just the same as your other teeth. No more worrying about biting or chewing tricky foods, you can eat whatever you want, without worrying! Along with replacing single or multiple missing teeth, dental implants can also be used to secure dentures, almost like a press stud, they can clip on to. Leaving you to eat, bite, smile and speak with total confidence.

Benefits of Dental Implants

- Implants feel & look like natural teeth
- Eat & drink with comfort
- Laugh freely and smile with confidence
- Can improve psychological well-being
- Implants are long lasting, stable and comfortable
- We use a high quality branded implant for treatment
- Prevents further bone loss
- Clinically proven
- High success rate

DENTAL STABILISATION:

What is Dental Stabilisation?

Dental stabilisation or also known as Overdentures, are a removable partial denture or a complete denture that covers and rests on one or more remaining natural teeth, the roots of natural teeth, and/or dental implants. It is also known as overlay denture, hybrid prosthesis, telescoping denture or tooth supported denture.

If you have loose or ill-fitting dentures, your ability to eat and speak may become affected. Due to advances in dentistry, there is now a procedure whereby your denture can be fixed to your jaw with dental implants. This treatment offers patients with dentures a more permanent solution and can improve quality of life significantly. You will be able to enjoy your favourite foods again and feel comfortable smiling, safe in the knowledge that your dentures are staying put.

Benefits of Dental Stabilisation

- Enjoy a natural-looking smile and improved confidence in public.
- Experience less irritation of your gums caused by dentures and you don't need to take your teeth out at night.
- You can eat, chew and bite without your dentures falling out or having to stick to a soft food diet for the rest of your life.